

Scottish Student Sport Cross Country Championships 2024 Balgownie Playing Fields, Aberdeen

Saturday 16th November 2024

PRE-EVENT INFORMATION

Description of Event:

The 2024 edition of the Scottish Student Sport Cross Country Championships is being held at Balgownie Playing Fields, Aberdeen! Both the women and men will run ~ 8.5km, with the Women's race starting at 12:30 and the Men's starting at 13:30. The course map is attached below.

Date: Saturday 16th November 2024

Venue: Balgownie Playing Fields, Bridge of Don, Aberdeen AB22 8LX

Main Contact: Iona McKay, SS XC Chair, ScotStuCrossCountry@outlook.com or Sophie Charlton, SSS Events Coordinator, sophie@scottishstudentsport.com

Course Map:



Both Men and Women will run the same route:

Start - [A-B-C-D-E-C-F-I-A] +
[A-B-C-D-E-C-F-G-H-I-A] x 2 –
Finish

The estimated route distance is ~ 8.5km.

Registration: Registration will be open from 1045 at the pavilion.

Women's registration will close at 1200

Men's registration will close at 1300

We ask that just the team captains come to register all the athletes in their team and inform the registration team of any people no longer participating. All entries were taken online before the event and therefore we won't be accepting any entries on the day.

Equipment & Timing: Spikes are recommended! Chip timing will be in operation, so please read the instructions below:

The Timing Chips clip to your laces (see the picture across). Please pass the clip under 2 or 3 laces and close the clip firmly. You **MUST** return the chip at the Finish or you will not receive a race time and will be fined £2 to cover the cost.



Please remember to **bring your own safety pins** to secure your number to your bib.

Medals and Ceremony: Medals will be presented to the first 3 athletes in both the male and female races. There will also be medals for the top 3 male and female teams. An institutions team will be made up of their first 4 athlete's home.

Only teams of 4 male or female students are eligible to win the team medals. Therefore, teams of 3 or less will not be eligible.

The ceremonies will take place at approx. 2.45pm, following the completion of the Men's race. Results will be accessible online via KITST timing, links can be found [HERE](#).

Withdrawal Policy: If you no longer intend to participate, please contact the event organiser as soon as possible. The [Event SSS Terms and Conditions](#) were agreed to upon entry and include information on the SSS Refund Policy.

Parking:

Limited car park spaces will be available within Balgownie Playing Fields' car park. However, access in and out of this car park will not be permitted during races. Due to limited spaces, we kindly ask those local to the event to arrive by public transport.

Cars and belongings are left at participants' own risk and SSS do not hold any responsibility for issues incurred by the parking choices of participants. Wherever vehicles are parked, SS Cross Country request that you are respectful of the local area and check any parking restrictions before leaving your car. We request that you do not park in any residential areas as they are allocated spaces for residents only.

Facilities at Venue: Toilets will be open on site, in the pavilion. There are ~ 150 students racing so please arrive race ready, where possible. There will be no food available for competitors at the venue so athletes are advised to bring their own food and drinks.

Club Tents: Club tents should be located between car park and start/finish line. However, access to the building is provided on the day for changing.

Rules and Regulations: We will be following the guidelines of Scottish Athletics.

Questions: Please direct all questions to Iona McKay or Sophie Charlton (emails above).

Social Media: We love to hear your experiences at our events, so please tag us @ScotStuSport on Facebook, Twitter and Instagram! Please also use the hashtag #ScotStuCrossCountry.

Photography: If there is a photographer at the event, we will share the photos on our Facebook page – so make sure you like it to get the updates!

Date Last Updated: 12/11/2024



Scottish Student Sport are looking to reduce the environmental impact of their events. Please bring your own reusable water bottle and recycle wherever possible