

This event is held under UK Athletics Rules and scottishathletics Licence

Scottish Student Athletics

Outdoor Championships

Wednesday 23rd April 2025

Aberdeen Sports Village, Linksfield Rd, Aberdeen AB24 5RU

Relay entries close at 14:00

PROVISIONAL TIMETABLE – THIS MAY CHANGE AFTER ENTRIES CLOSE

TRACK EVENTS

10:00	400m Hurdles	M/F
10:15	100m Heats	M/F
10:55	400m Heats	M/F
11:25	100m Semi-Finals	M/F
11:55	1,500m	M/F
12:10	400m Final	M/F
12:20	100m Final	M/F

FIELD EVENTS

10:00	Pole Vault	M/F combined
10:15	High Jump	M
10:15	Javelin	M/F combined
11:30	Long Jump	F

12:30 to 13:30 INTERVAL

13:30	Sprint Hurdles	M/F
13:45	200m Heats	M/F
14:15	800m Heats	M/F
14:45	200m Semi-Finals	M/F
15:10	5,000m	M
15:35	5,000m	F
16:00	200m Final	M/F
16:10	3,000m S/C	M
16:30	3,000m S/C	F
16:50	800m Final	M/F
17:00	4x100m Relay	M/F
17:10	4x400m Relay	M/F

12:30 Hammer M/F combined

13:45	Triple Jump	M/F combined
13:45	Shot Put	M/F combined
15:00	High Jump	F
15:00	Discus	M/F combined
16:00	Long Jump	M
16:00	Seated Throws	M/F Combined

17:25 FINAL PRESENTATIONS

NOTE

- 1) Declarations open at 9am and close 60 minutes before event start time
- 2) Please listen for announcements so that you are aware of any timetable changes. The timetable has been prepared based on the number of athletes normally taking part and may require alteration on the day depending on the turnout. Where Heats are not required the Final will be run at the time of the Heat



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- 3) Numbers, as issued, must be worn front and back (only one number required for PV & HJ).
- 4) It is your responsibility to ensure that you do not enter events which clash with each other unless you are confident that you can cope with the clash. If a jumping event coincides with a track event please try to have your run up measured/marked before the Track event starts.
- 5) Please ensure that everyone enjoys themselves by co-operating with the officials who have given of their own time to allow your competition to take place.